



First aid in the workplace

Premises layout criteria



National Legislation

See Grand-Ducal Regulation of 04.11.1994 concerning minimum health and safety requirements at workplaces

ANNEXE I Art. 19 Premises used for first aid.

Art 19.2 Premises used to provide first aid must be fitted out with the essential first aid installations and equipment and be readily accessible for stretchers.

They must be identified by signs that are compliant with the national rules transposing Directive 77/576/EEC.

cf. ITM - ET 32.10 Protection of Workers - Standard safety requirements

Art. 9.9 Each enterprise employing more than 50 persons must fit out and equip, within the establishment, a special room to enable first aid to be given in case of accident or sudden illness. In compliance with the specifications of the relevant occupational health service, this room must be equipped with a bed, a pedestal desk for a doctor or nurse, a cupboard for medicines and medical instruments and a wash basin with hot and cold running water. The room must be readily accessible for stretchers and clearly marked.

Art. 9.10 The noise level in the unoccupied first aid room must not exceed 45 dB(A). The room must be free from mechanical vibrations.

cf. AAA – General recommendations, Annex 1.6.5 FIRST AID

<https://aaa.public.lu/fr/documentation/publications/brochures/recommandations-de-prevention.html>

First aid

The organisation of first aid has technical, human and informational aspects. The occupational doctor can advise on this matter.

First aid facilities

The first aid facilities are as follows:

- reporting installation enabling aid to be summoned (telephone, radio etc.)
- healthcare premises intended for the provision of first aid or emergency medical care
- first aid equipment (bandage boxes etc.)
- Rescue facility (fire blankets, breathing apparatus etc.)
- means of emergency transport (stretcher etc.)
- trained first aid workers
- company nurse with specialised training for the healthcare service

Employees must be kept informed of:

- a plan of the alarm devices and emergency telephone numbers
- the emergency exits and escape routes
- the names and location of the company's first-aid workers or nurses
- the location of the bandage boxes, stretchers and healthcare rooms
- the posted emergency numbers and addresses of the first aid services, the hospital and the emergency doctor

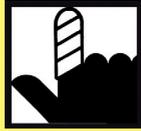
Emergency call

When making an emergency call, state:

- the place of the accident (locality, street, building number)
- what has happened (fire, electrocution etc.)
- the number of injured persons
- the type of injuries (respiratory arrest, severe bleeding etc.)
- wait for details to be requested! (Do not hang up yourself and wait for the person to whom you are speaking at the first aid station to end the conversation)

General recommendations

1.6.5.



Indications concerning the provision of services

Make sure that the person who has given an order for the work to be done has usable first aid equipment.

First aid equipment on sites										
Personnel and equipment required:	For a number of workers:									
	up to 10	up to 20	21	30	40	51	101	251	301	601
Means of communication	•	•	•	•	•	•	•	•	•	•
"First aid" posters	•	•	•	•	•	•	•	•	•	•
Stretcher	•	•	•	•	•	•	•	•	•	•
Healthcare room						•	•	•	•	•
Box of bandages, small *	1									
Box of bandages, big *		1	1	1	1	2	3	6	7	13
First aid worker	1	1	2	3	4	5	10	25	30	60
Company nurse							•	•	•	•
First aid manual	•	•	•	•	•	•	•	•	•	•
Rescue appliances and transport equipment	For sites that are not readily accessible (for example, tunnels under construction, work with compressed air, deep trenches etc.)									

* To be completed after use (make this a routine!)

First aid equipment on industrial, administrative and commercial premises										
Personnel and equipment required:	For a number of workers:									
	up to 10	up to 20	21	30	40	51	101	251	301	601
Means of communication	•	•	•	•	•	•	•	•	•	•
"First aid" posters	•	•	•	•	•	•	•	•	•	•
Stretcher	depending on type of enterprise									
Healthcare room **						•	•	•	•	•
Box of bandages, small *	1(1)	1(1)	(1)	(1)	(1)					
Box of bandages, big *			1	1	1	1(1)	2(1)	3(1)	4(2)	7(3)
First aid worker	1(1)	1(1)	2(1)	3(2)	4(2)	5(3)	10(5)	25(13)	30(15)	60(30)
Company nurse **							•	•	•	•
First aid manual	•	•	•	•	•	•	•	•	•	•

(Numbers in brackets refer to administrative and commercial premises)

* To be completed after use (make this a routine!)

** If necessary, depending on the type, severity and number of accidents

International Legislation

cf. ASR – Bundesanstalt für Arbeitsschutz und Arbeitsmedizin TECHNISCHE REGELN FÜR ARBEITSSTÄTTEN

ASR A4.3 Erste-Hilfe-Räume, Mittel und Einrichtungen zur Ersten Hilfe

Requirements placed on construction (translation).

- (1) The premises must be readily accessible for stretchers. Containers must be installed at ground level.*
- (2) The location of the room must be chosen in such a way that there is no exposure to noise, vibrations, dust, gases and vapours.*
- (3) Healthcare facilities must be situated close to the first aid room.*
- (4) The floor space of the premises must be adequate: rooms 20m² containers 12.5 m²*
- (5) The first aid room must be accessible without using steps. Differences in level must be bridged by ramps. The access corridor to the room must be wide enough to enable a stretcher to be handled without any obstruction.*
- (6) The floors and ceilings must be made in such a way that they are easy to clean and/or disinfect.*
- (7) Lighting and ventilation of the first aid rooms must be adequate.*
- (8) The ambient temperature must comply with the specifications applicable to work spaces. Containers used as a first aid room must have an isolated entrance.*
- (9) A water outlet supplying hot and cold water and a telephone or some other similar means of communication must be provided in the first aid rooms.*
- (10) A darkening system must be provided.*

ADDITIONAL COMMENTS

The ASTF advises to opt for a room equipped with a window to the outside and natural lighting.

The use of mobile phone must be guaranteed.

A waiting-room area is preferable.

NURSING STATION equipped for medical visits in the company (typical layout)

